

## Resultatlista Bospararspelen i friidrott lördagen den 7 juli 2007

## F15+P15 2000m

|   |                 |    |            |         |          |
|---|-----------------|----|------------|---------|----------|
| 1 | Marcus Hallbäck | 92 | Bålsta IK  | 6:00.41 | (1 P15,  |
| 2 | Julia Forsmark  | 93 | IK Stål    | 6:54.71 | (1 F15)  |
| 3 | Erica Wesström  | 92 | Upsala IF  | 7:02.90 | (2 F15)  |
| 4 | Ewa Wahlberg    | 55 | Uppsala LK | 7:55.30 | (utom t. |

## F15 Höjd

|   |                  |    |           |      |
|---|------------------|----|-----------|------|
| 1 | Johanna Hellgren | 92 | Bålsta IK | 1.50 |
| 2 | Lina Magnusson   | 92 | Rånäs 4H  | 1.45 |

## F15 Stav

|   |              |    |              |               |
|---|--------------|----|--------------|---------------|
| 1 | Malin Mulder | 92 | Hanvikens SK | 2.90 (rekord) |
|---|--------------|----|--------------|---------------|

## F15 Tresteg

|   |                   |    |            |                    |
|---|-------------------|----|------------|--------------------|
| 1 | Louise Thornander | 92 | Upsala IF  | 12.06 +4.5 (11.30) |
| 2 | Emma Eksell       | 92 | Örbyhus IF | 8.50 +2.6 ( 8.40)  |
| 3 | Emma Holmqvist    | 92 | Örbyhus IF | 8.34 +1.4          |

## F15 Diskus (0,6)

|   |                   |    |                |       |
|---|-------------------|----|----------------|-------|
| 1 | Rebecka Johansson | 92 | Karlskoga FIF  | 32.50 |
| 2 | Johanna Larsson   | 92 | Filipstads FIK | 29.73 |
| 3 | Emma Eksell       | 92 | Örbyhus IF     | 18.60 |
| 4 | Emma Holmqvist    | 92 | Örbyhus IF     | 14.28 |
| 5 | Linnéa Isheden    | 92 | IFK Tumba      | 12.99 |

## F15 Spjut (400)

|   |                   |    |               |       |
|---|-------------------|----|---------------|-------|
| 1 | Emma Danielsson   | 92 | Rånäs 4H      | 28.00 |
| 2 | Rebecka Johansson | 92 | Karlskoga FIF | 27.24 |
| 3 | Emma Eksell       | 92 | Örbyhus IF    | 25.87 |
| 4 | Beatrice Kollin   | 92 | Täby IS       | 24.96 |
| 5 | Emma Wendelin     | 92 | IFK Sala      | 24.95 |
| 6 | Louise Thornander | 92 | Upsala IF     | 17.27 |
| 7 | Emma Holmqvist    | 92 | Örbyhus IF    | 14.00 |

## F14 100m Försök

## Heat 1

Vind:-3.1

|   |                   |    |              |         |
|---|-------------------|----|--------------|---------|
| 1 | Marine Alfredsson | 93 | Rånäs 4H     | 13.47 F |
| 2 | Alexandra Hjorth  | 93 | Upsala IF    | 13.60 F |
| 3 | Åsa Söderlund     | 93 | Västerås FK  | 13.78 f |
| 4 | Johanna Bromark   | 93 | Tierps IF    | 14.02 f |
| 5 | Sofie Wilhelmsson | 93 | Västerås FK  | 14.06   |
| 6 | Kajsa Östlin      | 93 | Östhammar FI | 14.50   |
| 7 | Agnes Joelsson    | 93 | Örbyhus IF   | 14.69   |
| 8 | Linn Fredriksson  | 93 | Upsala IF    | 15.24   |

## Heat 2

Motvind (ej mätt)

|   |                   |    |                      |         |
|---|-------------------|----|----------------------|---------|
| 1 | Emma Norell       | 93 | Enköpings AI         | 13.08 F |
| 2 | Ewa Marcinkiewicz | 93 | Västerås FK          | 13.34 F |
| 3 | Matilda Gradin    | 93 | Upsala IF            | 13.45 f |
| 4 | Evelina Strömberg | 93 | Sundsvalls Friidrott | 13.76 f |
| 5 | Ida Linder        | 93 | IFK Tumba            | 14.16   |
| 6 | Jenny Jansson     | 93 | Östhammar FI         | 14.21   |
| 7 | Marcella Holm     | 93 | Upsala IF            | 14.91   |

|             |                         |       |                      |                  |
|-------------|-------------------------|-------|----------------------|------------------|
| F14         | 100m                    | Final | Vind:-2.5            |                  |
|             | 1 Emma Norell           | 93    | Enköpings AI         | 13.27            |
|             | 2 Ewa Marcinkiewicz     | 93    | Västerås FK          | 13.35            |
|             | 3 Marine Alfredsson     | 93    | Rånäs 4H             | 13.47            |
|             | 4 Matilda Gradin        | 93    | Upsala IF            | 13.66            |
|             | 5 Evelina Strömberg     | 93    | Sundsvalls Friidrott | 13.77            |
|             | 6 Alexandra Hjorth      | 93    | Upsala IF            | 13.92            |
|             | 7 Åsa Söderlund         | 93    | Västerås FK          | 13.93            |
|             | 8 Johanna Bromark       | 93    | Tierps IF            | 14.04            |
| F14         | 800m                    |       |                      |                  |
|             | 1 Julia Forsmark        | 93    | IK Stål              | 2:29.27          |
|             | 2 Sofi Stahring         | 93    | Östhammar FI         | 2:38.44          |
|             | 3 Agnes Joelsson        | 93    | Örbyhus IF           | 2:44.59          |
|             | 4 Jennifer Albrektsson  | 93    | Upsala IF            | 2:52.59          |
|             | 5 Marcella Holm         | 93    | Upsala IF            | 3:03.09          |
| F14         | 80m häck (76,2)         |       | Vind:-1.9            |                  |
|             | 1 Evelina Strömberg     | 93    | Sundsvalls Friidrott | 13.11            |
|             | 2 Frida Eriksson        | 93    | IFK Märsta           | 13.67            |
|             | 3 Åsa Söderlund         | 93    | Västerås FK          | 13.71            |
|             | 4 Lisa Berg             | 93    | Huddinge AIS         | 14.28            |
|             | 5 Karolina Andersson    | 93    | Rånäs 4H             | 15.2e            |
|             | 6 Stina Karpmyr         | 93    | Upsala IF            | 17.18            |
| F14         | Stav                    |       |                      |                  |
|             | 1 Jenny Jansson         | 93    | Östhammar FI         | 2.75 (rekord)    |
|             | 2 Camilla Sandström     | 93    | Hanvikens SK         | 2.65             |
|             | 3 Emma Karlsson         | 93    | Västerås FK          | 2.35             |
| F14         | Längd                   |       |                      |                  |
|             | 1 Evelina Strömberg     | 93    | Sundsvalls Friidrott | 5.09 +1.5        |
|             | 2 Emma Norell           | 93    | Enköpings AI         | 5.02 +3.5 (4.58) |
|             | 3 Alexandra Hjorth      | 93    | Upsala IF            | 4.95 +2.4 (4.31) |
|             | 4 Ewa Marcinkiewicz     | 93    | Västerås FK          | 4.76 +1.1        |
|             | 5 Åsa Söderlund         | 93    | Västerås FK          | 4.76 +1.7        |
|             | 6 Johanna Wigfeldt      | 93    | SoIK Hellas          | 4.71 +2.4 (4.60) |
|             | 7 Frida Eriksson        | 93    | IFK Märsta           | 4.56 +1.5        |
|             | 8 Amanda Murua          | 93    | Hässelby SK          | 4.53 +1.6        |
|             | 9 Sofie Wilhelmsson     | 93    | Västerås FK          | 4.49 +2.2 (4.41) |
|             | 10 Fanny Johansson      | 93    | Tierps IF            | 4.29 +1.3        |
|             | 11 Jennifer Albrektsson | 93    | Upsala IF            | 4.19 +1.9        |
|             | 12 Johanna Bromark      | 93    | Tierps IF            | 4.16 +2.3 (-)    |
|             | 13 Kajsa Östlin         | 93    | Östhammar FI         | 4.09 +1.5        |
|             | 14 Stina Karpmyr        | 93    | Upsala IF            | 4.04 +0.5        |
|             | 15 Marcella Holm        | 93    | Upsala IF            | 3.93 +1.6        |
|             | 16 Linn Fredriksson     | 93    | Upsala IF            | 3.88 +3.2 (3.66) |
| Utom tävlan |                         |       |                      |                  |
|             | Malin Marmbrandt        | 85    | Enköpings AI         | 5.82 +2.5 (5.65) |
| F14         | Diskus (0,6)            |       |                      |                  |
|             | 1 Heidi Schmidt         | 93    | Täby IS              | 33.75            |
|             | 2 Fanny Johansson       | 93    | Tierps IF            | 25.14            |
|             | 3 Kajsa Östlin          | 93    | Östhammar FI         | 24.38            |
|             | 4 Josefin Mattsson      | 93    | Tierps IF            | 20.24            |

|                        |                 |       |
|------------------------|-----------------|-------|
| 5 Sofi Stahring        | 93 Östhammar FI | 19.60 |
| 6 Agnes Joelsson       | 93 Örbyhus IF   | 19.40 |
| 7 Malin Johansson      | 93 Hagunda IF   | 18.77 |
| 8 Jennifer Albrektsson | 93 Upsala IF    | 17.11 |

## F14 Spjut (400)

|                      |                 |       |
|----------------------|-----------------|-------|
| 1 Frida Eriksson     | 93 IFK Märsta   | 32.56 |
| 2 Heidi Schmidt      | 93 Täby IS      | 30.78 |
| 3 Alexandra Hjorth   | 93 Upsala IF    | 30.33 |
| 4 Stina Karpmyr      | 93 Upsala IF    | 28.33 |
| 5 Camilla Sandström  | 93 Hanvikens SK | 27.71 |
| 6 Sofi Stahring      | 93 Östhammar FI | 26.07 |
| 7 Karolina Andersson | 93 Rånäs 4H     | 25.63 |
| 8 Sofie Wilhelmsson  | 93 Västerås FK  | 23.17 |
| 9 Amanda Murua       | 93 Hässelby SK  | 21.59 |
| 10 Kajsa Östlin      | 93 Östhammar FI | 18.10 |
| 11 Agnes Joelsson    | 93 Örbyhus IF   | 15.47 |
| 12 Linn Fredriksson  | 93 Upsala IF    | 15.47 |

## F13 80m Försök

## Heat 1

Vind:-2.5

|                            |                 |         |
|----------------------------|-----------------|---------|
| 1 Caroline Taxén           | 94 Enköpings AI | 10.80 F |
| 2 Fanny Lonegran Jakobsson | 94 Rånäs 4H     | 11.56 F |
| 3 Ebba Dagnesjö            | 94 Upsala IF    | 11.58 f |
| 4 Victoria Dahlin          | 94 Hammarby IF  | 11.90   |
| 5 Frida Ericksson          | 94 Östhammar FI | 11.92   |
| 6 Caroline Jansson         | 94 Örbyhus IF   | 12.09   |
| 7 Anna Hellman             | 94 Hagunda IF   | 12.25   |

## Heat 2

Vind:-1.8

|                               |               |         |
|-------------------------------|---------------|---------|
| 1 Sanna Ohlström              | 94 Rånäs 4H   | 11.25 F |
| 2 Cornelia Särnbratt Fransson | 94 Täby IS    | 11.62 F |
| 3 Michelle Larsson            | 94 IK Stål    | 11.72 f |
| 4 Lovisa Jansson              | 94 Örbyhus IF | 12.23   |
| 5 Desirée Sandgren            | 94 Estuna IF  | 12.49   |
| 6 Sofie Nyman                 | 94 Upsala IF  | 13.22   |

## Heat 3

Vind:-4.1

|                         |                 |         |
|-------------------------|-----------------|---------|
| 1 Sofia Andersson       | 94 Örbyhus IF   | 11.06 F |
| 2 Julia Ihrsén          | 94 Enköpings AI | 11.64 F |
| 3 Jennifer Binga        | 94 Upsala IF    | 11.86   |
| 4 Olivia Axelsson       | 94 Turebergs FK | 12.06   |
| 5 Caroline Kihlblom     | 94 Huddinge AIS | 12.12   |
| 6 Ann-Louise Pettersson | 94 Örbyhus IF   | 12.25   |

## F13 80m Final

Vind:-1.4

|                               |                 |       |
|-------------------------------|-----------------|-------|
| 1 Caroline Taxén              | 94 Enköpings AI | 10.72 |
| 2 Sofia Andersson             | 94 Örbyhus IF   | 10.85 |
| 3 Sanna Ohlström              | 94 Rånäs 4H     | 11.17 |
| 4 Julia Ihrsén                | 94 Enköpings AI | 11.69 |
| 5 Fanny Lonegran Jakobsson    | 94 Rånäs 4H     | 11.69 |
| 6 Ebba Dagnesjö               | 94 Upsala IF    | 11.76 |
| 7 Michelle Larsson            | 94 IK Stål      | 11.78 |
| 8 Cornelia Särnbratt Fransson | 94 Täby IS      | 11.80 |

## F13 600m

|   |                             |    |                   |         |          |
|---|-----------------------------|----|-------------------|---------|----------|
| 1 | Caroline Kihlblom           | 94 | Huddinge AIS      | 1:49.90 |          |
| 2 | Jennifer Genborg            | 94 | Östhammar FI      | 1:50.75 |          |
| 3 | Sofie Davoust               | 94 | IFK Tumba         | 1:51.01 |          |
| 4 | Linda Gillström             | 94 | Kvarnsvedens GoIF | 1:51.14 |          |
| 5 | Cornelia Särnbratt Fransson | 94 | Täby IS           | 1:55.15 |          |
| 6 | Ewa Wahlberg                | 55 | Uppsala LK        | 1:57.54 | (utom t. |
| 7 | Caroline Jansson            | 94 | Örbyhus IF        | 2:03.07 |          |
| 8 | Lovisa Jansson              | 94 | Örbyhus IF        | 2:06.78 |          |

## F13 60m häck (76,2)

## Heat 1

Vind:-2.5

|   |                       |    |            |       |  |
|---|-----------------------|----|------------|-------|--|
| 1 | Sofia Andersson       | 94 | Örbyhus IF | 10.03 |  |
| 2 | Emelie Pettersson     | 94 | Örbyhus IF | 12.05 |  |
| 3 | Hanna Bergström Raouf | 94 | Uppsala IF | 12.18 |  |
| 4 | Sofie Nyman           | 94 | Uppsala IF | 13.24 |  |
| 5 | Anna Hellman          | 94 | Hagunda IF | 16.97 |  |

## Heat 2

Vind:-1.7

|   |                 |    |              |       |  |
|---|-----------------|----|--------------|-------|--|
| 1 | Caroline Taxén  | 94 | Enköpings AI | 10.04 |  |
| 2 | Victoria Dahlin | 94 | Hammarby IF  | 12.74 |  |
| 3 | Lisa Rask       | 94 | Hagunda IF   | 13.86 |  |

## F13 Stav

|   |                  |    |              |      |  |
|---|------------------|----|--------------|------|--|
| 1 | Tove Hedberg     | 94 | Västerås FK  | 2.35 |  |
| 2 | Jennifer Genborg | 94 | Östhammar FI | 2.25 |  |

## F13 Längd (zon)

|    |                             |    |              |           |        |
|----|-----------------------------|----|--------------|-----------|--------|
| 1  | Caroline Taxén              | 94 | Enköpings AI | 5.30 +2.0 | (reko. |
| 2  | Sofia Andersson             | 94 | Örbyhus IF   | 5.05 +1.7 |        |
| 3  | Julia Ihrsén                | 94 | Enköpings AI | 4.83 +1.6 |        |
| 4  | Frida Ericsson              | 94 | Östhammar FI | 4.50 +2.1 | (4.47  |
| 5  | Ebba Dagnesjö               | 94 | Uppsala IF   | 4.50 +1.7 |        |
| 6  | Michelle Larsson            | 94 | IK Stål      | 4.46 +1.9 |        |
| 7  | Jennifer Binga              | 94 | Uppsala IF   | 4.45 +4.1 | (4.33  |
| 8  | Cornelia Särnbratt Fransson | 94 | Täby IS      | 4.43 +2.2 | (4.18  |
| 9  | Ann-Louise Pettersson       | 94 | Örbyhus IF   | 4.40 +2.7 | (4.00  |
| 10 | Emelie Pettersson           | 94 | Örbyhus IF   | 4.38 +2.0 |        |
| 11 | Fanny Lonegran Jakobsson    | 94 | Rånäs 4H     | 4.29 +3.0 | (4.19  |
| 12 | Desirée Sandgren            | 94 | Estuna IF    | 4.21 +1.4 |        |
| 13 | Lovisa Jansson              | 94 | Örbyhus IF   | 4.16 +2.0 |        |
| 14 | Jennifer Genborg            | 94 | Östhammar FI | 4.15 +2.7 | (4.12  |
| 15 | Caroline Kihlblom           | 94 | Huddinge AIS | 4.14 +2.7 | (-)    |
| 16 | Caroline Jansson            | 94 | Örbyhus IF   | 4.13 +2.8 | (4.10  |
| 17 | Hanna Bergström Raouf       | 94 | Uppsala IF   | 4.12 +3.0 | (4.08  |
| 18 | Anna Hellman                | 94 | Hagunda IF   | 4.01 +1.6 |        |
| 19 | Sofie Nyman                 | 94 | Uppsala IF   | 3.84 +1.2 |        |
| 20 | Lisa Rask                   | 94 | Hagunda IF   | 3.81 +2.2 | (-)    |

## F13 Diskus (0,6)

|   |                   |    |              |       |  |
|---|-------------------|----|--------------|-------|--|
| 1 | Emelie Pettersson | 94 | Örbyhus IF   | 21.65 |  |
| 2 | Emma Kullin       | 95 | Huddinge AIS | 19.48 |  |
| 3 | Victoria Dahlin   | 94 | Hammarby IF  | 18.45 |  |
| 4 | Lisa Rask         | 94 | Hagunda IF   | 17.02 |  |
| 5 | Anna Hellman      | 94 | Hagunda IF   | 16.87 |  |

## F12 80m Försök

## Heat 1

Vind:-1.5

|   |                   |    |              |       |   |
|---|-------------------|----|--------------|-------|---|
| 1 | Sandra Törnros    | 95 | Gefle IF     | 11.11 | F |
| 2 | Malin Fred        | 95 | Rånäs 4H     | 12.17 | F |
| 3 | Emma Kullin       | 95 | Huddinge AIS | 12.31 |   |
| 4 | Anna Holmin       | 95 | Upsala IF    | 12.32 |   |
| 5 | Isabelle Pauksens | 95 | Hagunda IF   | 12.46 |   |
| 6 | Matilda Hemström  | 95 | Örbyhus IF   | 12.54 |   |

Heat 2

Vind:-0.5

|   |                    |    |                 |       |   |
|---|--------------------|----|-----------------|-------|---|
| 1 | Anna Brook         | 95 | Österfärnebo IF | 11.44 | F |
| 2 | Hannah Rosslund    | 95 | IFK Tumba       | 11.85 | F |
| 3 | Louise Gabrielsson | 95 | Huddinge AIS    | 12.30 | f |
| 4 | Julia Andréasson   | 95 | Upsala IF       | 12.54 |   |
| 5 | Johanna Pettersson | 95 | Örbyhus IF      | 12.69 |   |
| 6 | Emma Darby         | 95 | IFK Märsta      | 12.72 |   |
| 7 | Moa Lardner        | 95 | Bålsta IK       | 13.10 |   |

Heat 3

Vind:-0.6

|   |                    |    |              |       |   |
|---|--------------------|----|--------------|-------|---|
| 1 | Julia Sederlin     | 95 | Rånäs 4H     | 11.75 | F |
| 2 | Jennifer Hemström  | 95 | IFK Märsta   | 11.86 | F |
| 3 | Jennifer Björklund | 95 | Enköpings AI | 12.12 | f |
| 4 | Erika Löqvist      | 95 | Hagunda IF   | 12.34 |   |
| 5 | Alice Pettersson   | 95 | Örbyhus IF   | 12.84 |   |
| 6 | Julia Ohlsson      | 95 | Upsala IF    | 13.00 |   |
| 7 | Julia Blomqvist    | 95 | Upsala IF    | 13.36 |   |

F12

80m

Final

Vind:-0.5

|   |                    |    |                 |       |            |
|---|--------------------|----|-----------------|-------|------------|
| 1 | Sandra Törnros     | 95 | Gefle IF        | 11.10 | (tang. re) |
| 2 | Julia Sederlin     | 95 | Rånäs 4H        | 11.56 |            |
| 3 | Anna Brook         | 95 | Österfärnebo IF | 11.60 |            |
| 4 | Jennifer Hemström  | 95 | IFK Märsta      | 11.81 |            |
| 5 | Hannah Rosslund    | 95 | IFK Tumba       | 11.84 |            |
| 6 | Jennifer Björklund | 95 | Enköpings AI    | 12.07 |            |
| 7 | Malin Fred         | 95 | Rånäs 4H        | 12.38 |            |
| 8 | Louise Gabrielsson | 95 | Huddinge AIS    | 12.42 |            |

F12

600m

|   |                    |    |              |         |          |
|---|--------------------|----|--------------|---------|----------|
| 1 | Nike Alfredsson    | 95 | Rånäs 4H     | 1:51.23 | (rekord) |
| 2 | Jennifer Hemström  | 95 | IFK Märsta   | 1:51.64 |          |
| 3 | Erika Löqvist      | 95 | Hagunda IF   | 1:56.98 |          |
| 4 | Jennifer Björklund | 95 | Enköpings AI | 2:02.90 |          |
| 5 | Anna Holmin        | 95 | Upsala IF    | 2:03.56 |          |
| 6 | Julia Ohlsson      | 95 | Upsala IF    | 2:06.45 |          |
| 7 | Jessica Ruud       | 95 | Hagunda IF   | 2:08.75 |          |
| 8 | Julia Blomqvist    | 95 | Upsala IF    | 2:11.18 |          |
| 9 | Julia Andréasson   | 95 | Upsala IF    | 2:11.88 |          |

F12

60m häck (76,2)

B-final

Vind:-0.3

|   |                    |    |              |       |  |
|---|--------------------|----|--------------|-------|--|
| 1 | Hanna Rosslund     | 95 | IFK Tumba    | 11.50 |  |
| 2 | Jennifer Björklund | 95 | Enköpings AI | 11.63 |  |
| 3 | Julia Andréasson   | 95 | Upsala IF    | 13.08 |  |
| 4 | Julia Blomqvist    | 95 | Upsala IF    | 13.21 |  |

A-final

Vind:-0.8

|   |                |    |            |       |          |
|---|----------------|----|------------|-------|----------|
| 1 | Sandra Törnros | 95 | Gefle IF   | 10.39 | (rekord) |
| 2 | Mikaela Nitz   | 96 | IFK Märsta | 10.88 |          |

|                 |                    |    |                 |                |
|-----------------|--------------------|----|-----------------|----------------|
| 3               | Isabelle Pauksens  | 95 | Hagunda IF      | 11.03          |
| 4               | Julia Ohlsson      | 95 | Upsala IF       | 12.91          |
| 5               | Emma Darby         | 95 | IFK Märsta      | 13.13          |
| F12 Höjd        |                    |    |                 |                |
| 1               | Jennifer Hemström  | 95 | IFK Märsta      | 1.41           |
| 2               | Helena Strähle     | 95 | Nynäshamns FK   | 1.34           |
| 3               | Jennifer Björklund | 95 | Enköpings AI    | 1.31           |
| 4               | Isabelle Pauksens  | 95 | Hagunda IF      | 1.31           |
| 5               | Anna Brook         | 95 | Österfärnebo IF | 1.26           |
| 6               | Julia Blomqvist    | 95 | Upsala IF       | 1.16           |
| 7               | Matilda Nemlander  | 95 | IFK Märsta      | 1.11           |
| 8               | Emma Darby         | 95 | IFK Märsta      | 1.11           |
| 9               | Julia Ohlsson      | 95 | Upsala IF       | 1.06           |
| -               | Moa Lardner        | 95 | Bålsta IK       | Ingen höjd     |
| F12 Längd (zon) |                    |    |                 |                |
| 1               | Sandra Törnros     | 95 | Gefle IF        | 4.86 -1.3      |
| 2               | Matilda Hemström   | 95 | Örbyhus IF      | 4.20 -1.6      |
| 3               | Malin Fred         | 95 | Rånäs 4H        | 4.14 -2.2      |
| 4               | Isabelle Pauksens  | 95 | Hagunda IF      | 4.10 -1.0      |
| 5               | Julia Andréasson   | 95 | Upsala IF       | 4.03 -1.9      |
| 6               | Helena Strähle     | 95 | Nynäshamns FK   | 4.01 -1.0      |
| 7               | Anna Holmin        | 95 | Upsala IF       | 3.98 -2.4      |
| 8               | Jennifer Björklund | 95 | Enköpings AI    | 3.89 -1.1      |
| 9               | Julia Sederlin     | 95 | Rånäs 4H        | 3.78 -0.7      |
| 10              | Jessica Ruud       | 95 | Hagunda IF      | 3.75 -1.7      |
| 11              | Erika Lövvqvist    | 95 | Hagunda IF      | 3.75 -1.8      |
| 12              | Emma Kullin        | 95 | Huddinge AIS    | 3.67 -1.5      |
| 13              | Alice Pettersson   | 95 | Örbyhus IF      | 3.64 -1.8      |
| 14              | Matilda Nemlander  | 95 | IFK Märsta      | 3.52 -1.3      |
| 15              | Julia Ohlsson      | 95 | Upsala IF       | 3.52 -1.9      |
| 16              | Emma Darby         | 95 | IFK Märsta      | 3.44 -0.9      |
| 17              | Johanna Pettersson | 95 | Örbyhus IF      | 3.42 -0.9      |
| 18              | Julia Blomqvist    | 95 | Upsala IF       | 3.32 -0.8      |
| F12 Kula (2,0)  |                    |    |                 |                |
| 1               | Sandra Törnros     | 95 | Gefle IF        | 11.74          |
| 2               | Helena Strähle     | 95 | Nynäshamns FK   | 10.83          |
| 3               | Jennifer Hemström  | 95 | IFK Märsta      | 9.68           |
| 4               | Jennifer Björklund | 95 | Enköpings AI    | 9.53           |
| 5               | Emma Kullin        | 95 | Huddinge AIS    | 9.18           |
| 6               | Malin Fred         | 95 | Rånäs 4H        | 8.93           |
| 7               | Emma Darby         | 95 | IFK Märsta      | 8.30           |
| 8               | Alice Pettersson   | 95 | Örbyhus IF      | 7.71           |
| 9               | Louise Gabrielsson | 95 | Huddinge AIS    | 7.53           |
| 10              | Anna Holmin        | 95 | Upsala IF       | 6.24           |
| 11              | Matilda Hemström   | 95 | Örbyhus IF      | 6.13           |
| 12              | Matilda Nemlander  | 95 | IFK Märsta      | 6.04           |
| 13              | Julia Andréasson   | 95 | Upsala IF       | 5.88           |
| 14              | Linnea Gréle       | 95 | Upsala IF       | 5.76           |
| 15              | Erika Lövvqvist    | 95 | Hagunda IF      | 5.54           |
| 16              | Johanna Pettersson | 95 | Örbyhus IF      | 3.82           |
| F12 Spjut (400) |                    |    |                 |                |
| 1               | Jennifer Hemström  | 95 | IFK Märsta      | 29.54 (rekord) |
| 2               | Malin Fred         | 95 | Rånäs 4H        | 23.55          |
| 3               | Jennifer Björklund | 95 | Enköpings AI    | 21.50          |
| 4               | Matilda Nemlander  | 95 | IFK Märsta      | 20.52          |
| 5               | Louise Gabrielsson | 95 | Huddinge AIS    | 18.45          |

|   |                  |    |            |                  |
|---|------------------|----|------------|------------------|
| 6 | Hannah Rossland  | 95 | IFK Tumba  | 17.26            |
| 7 | Julia Andréasson | 95 | Upsala IF  | 16.60            |
| 8 | Alice Pettersson | 95 | Örbyhus IF | 15.18            |
| 9 | Linnea Gréle     | 95 | Upsala IF  | 8.85             |
| - | Emma Darby       | 95 | IFK Märsta | Inget godkänt ka |

F11 60m Försök

Heat 1 Vind:-1.6

|   |                   |    |                      |       |   |
|---|-------------------|----|----------------------|-------|---|
| 1 | Julia Strömberg   | 96 | Sundsvalls Friidrott | 9.02  | F |
| 2 | Katja Smits       | 96 | Upsala IF            | 9.46  | F |
| 3 | Matilde Andersson | 96 | Östhammar FI         | 9.53  | f |
| 4 | Liza Larsson      | 96 | Hagunda IF           | 9.60  |   |
| 5 | Josefine Fontana  | 96 | Upsala IF            | 10.24 |   |
| 6 | Agnes Jansson     | 96 | Upsala IF            | 10.32 |   |

Heat 2 Vind:-1.2

|   |                  |    |              |       |   |
|---|------------------|----|--------------|-------|---|
| 1 | Mikaela Nitz     | 96 | IFK Märsta   | 9.09  | F |
| 2 | Lina Carlsson    | 96 | Täby IS      | 9.22  | F |
| 3 | Joline Jansson   | 96 | Östhammar FI | 9.56  | f |
| 4 | Rebecka Hoppe    | 96 | Upsala IF    | 10.05 |   |
| 5 | Torun Moberg     | 96 | Upsala IF    | 10.36 |   |
| 6 | Alice Richardson | 96 | Upsala IF    | 10.73 |   |

Heat 3 Vind:-2.5

|   |                  |    |             |       |   |
|---|------------------|----|-------------|-------|---|
| 1 | Amanda Jansson   | 96 | Örbyhus IF  | 9.10  | F |
| 2 | Klara Zetterberg | 96 | Upsala IF   | 9.13  | F |
| 3 | Daniela Karlsson | 96 | Västerås FK | 9.86  |   |
| 4 | Lisa Söderlund   | 96 | Upsala IF   | 9.88  |   |
| 5 | Emma Brunnberg   | 96 | Upsala IF   | 10.16 |   |
| 6 | Jennifer Staaf   | 96 | Bålsta IK   | 10.71 |   |

F11 60m Final Vind:-0.9

|   |                   |    |                      |      |
|---|-------------------|----|----------------------|------|
| 1 | Amanda Jansson    | 96 | Örbyhus IF           | 8.85 |
| 2 | Julia Strömberg   | 96 | Sundsvalls Friidrott | 8.87 |
| 3 | Klara Zetterberg  | 96 | Upsala IF            | 9.00 |
| 4 | Mikaela Nitz      | 96 | IFK Märsta           | 9.09 |
| 5 | Lina Carlsson     | 96 | Täby IS              | 9.17 |
| 6 | Matilde Andersson | 96 | Östhammar FI         | 9.49 |
| 7 | Joline Jansson    | 96 | Östhammar FI         | 9.54 |
| 8 | Katja Smits       | 96 | Upsala IF            | 9.57 |

F11 600m

|    |                   |    |                      |         |          |
|----|-------------------|----|----------------------|---------|----------|
| 1  | Julia Strömberg   | 96 | Sundsvalls Friidrott | 1:52.75 | (rekord) |
| 2  | Liza Larsson      | 96 | Hagunda IF           | 1:53.14 |          |
| 3  | Jennifer Forsmark | 96 | IK Stål              | 1:58.50 |          |
| 4  | Amanda Jansson    | 96 | Örbyhus IF           | 2:06.44 |          |
| 5  | Josefine Fontana  | 96 | Upsala IF            | 2:11.62 |          |
| 6  | Katja Smits       | 96 | Upsala IF            | 2:11.87 |          |
| 7  | Alice Richardson  | 96 | Upsala IF            | 2:11.94 |          |
| 8  | Agnes Jansson     | 96 | Upsala IF            | 2:19.98 |          |
| 9  | Rebecka Hoppe     | 96 | Upsala IF            | 2:25.19 |          |
| 10 | Torun Moberg      | 96 | Upsala IF            | 2:26.13 |          |

F11 Höjd

|   |                 |    |                      |      |
|---|-----------------|----|----------------------|------|
| 1 | Julia Strömberg | 96 | Sundsvalls Friidrott | 1.41 |
| 2 | Mikaela Nitz    | 96 | IFK Märsta           | 1.34 |
| 3 | Lisa Söderlund  | 96 | Upsala IF            | 1.31 |

|                  |                      |    |                      |                   |
|------------------|----------------------|----|----------------------|-------------------|
| 4                | Andrea Gillström     | 96 | Kvarnsvedens GoIF    | 1.25              |
| 5                | Liza Larsson         | 96 | Hagunda IF           | 1.22              |
| 6                | Rebecka Hoppe        | 96 | Upsala IF            | 1.17              |
| 7                | Torun Moberg         | 96 | Upsala IF            | 1.07              |
| 8                | Emma Brunnberg       | 96 | Upsala IF            | 1.07              |
| 9                | Josefine Fontana     | 96 | Upsala IF            | 1.07              |
| 10               | Jennifer Staaf       | 96 | Bålsta IK            | 1.02              |
| 11               | Agnes Jansson        | 96 | Upsala IF            | 0.97              |
| F11 Längd (zon)  |                      |    |                      |                   |
| 1                | Mikaela Nitz         | 96 | IFK Märsta           | 4.51 -0.7         |
| 2                | Amanda Jansson       | 96 | Örbyhus IF           | 4.42 +0.5         |
| 3                | Julia Strömberg      | 96 | Sundsvalls Friidrott | 4.34 -2.1         |
| 4                | Jennifer Forsmark    | 96 | IK Stål              | 3.91 -1.7         |
| 5                | Lisa Söderlund       | 96 | Upsala IF            | 3.82 -2.4         |
| 6                | Klara Zetterberg     | 96 | Upsala IF            | 3.78 -1.4         |
| 7                | Andrea Gillström     | 96 | Kvarnsvedens GoIF    | 3.77 -2.6         |
| 8                | Lina Carlsson        | 96 | Täby IS              | 3.67 -1.3         |
| 9                | Matilde Andersson    | 96 | Östhammar FI         | 3.59 -1.7         |
| 10               | Daniela Karlsson     | 96 | Västerås FK          | 3.57 -2.4         |
| 11               | Katja Smits          | 96 | Upsala IF            | 3.53 -2.5         |
| 12               | Rebecka Hoppe        | 96 | Upsala IF            | 3.32 -2.5         |
| 13               | Agnes Jansson        | 96 | Upsala IF            | 3.21 -1.9         |
| 14               | Emma Brunnberg       | 96 | Upsala IF            | 3.11 -1.8         |
| 15               | Josefine Fontana     | 96 | Upsala IF            | 3.00 -0.2         |
| 16               | Torun Moberg         | 96 | Upsala IF            | 3.00 -2.3         |
| 17               | Alice Richardson     | 96 | Upsala IF            | 2.96 -0.9         |
| 18               | Jennifer Staaf       | 96 | Bålsta IK            | 2.93 -0.3         |
| -                | Joline Jansson       | 96 | Östhammar FI         | Inget godkänt höj |
| F11 Kula (2,0)   |                      |    |                      |                   |
| 1                | Liza Larsson         | 96 | Hagunda IF           | 8.43              |
| 2                | Mikaela Nitz         | 96 | IFK Märsta           | 8.37              |
| 3                | Julia Strömberg      | 96 | Sundsvalls Friidrott | 8.11              |
| 4                | Jennifer Forsmark    | 96 | IK Stål              | 7.91              |
| 5                | Agnes Jansson        | 96 | Upsala IF            | 6.89              |
| 6                | Lisa Söderlund       | 96 | Upsala IF            | 6.59              |
| 7                | Katja Smits          | 96 | Upsala IF            | 6.17              |
| 8                | Rebecka Hoppe        | 96 | Upsala IF            | 5.82              |
| 9                | Josefine Fontana     | 96 | Upsala IF            | 5.02              |
| 10               | Alice Richardson     | 96 | Upsala IF            | 4.98              |
| 11               | Jennifer Staaf       | 96 | Bålsta IK            | 4.96              |
| 12               | Torun Moberg         | 96 | Upsala IF            | 4.95              |
| 13               | Emma Brunnberg       | 96 | Upsala IF            | 4.52              |
| F10 60m Försök   |                      |    |                      |                   |
| Heat 1 Vind:-1.4 |                      |    |                      |                   |
| 1                | Elin Nord            | 97 | Högbo GIF            | 9.32 F            |
| 2                | Fanny Eriksson       | 97 | Djurmo/Sifferbo IF   | 9.81 F            |
| 3                | Kajsa Östman         | 97 | Sundsvalls Friidrott | 9.95 f            |
| 4                | Helena Ward          | 97 | IFK Märsta           | 10.31 f           |
| 5                | Ellen Pettersson     | 97 | Örbyhus IF           | 10.35             |
| 6                | Sanna Skogum         | 97 | Upsala IF            | 10.68             |
| 7                | Linda Bokefors       | 97 | Upsala IF            | 10.84             |
| 8                | Ester Fontell        | 97 | Enköpings AI         | 11.76             |
| Heat 2 Vind:-0.8 |                      |    |                      |                   |
| 1                | Paulina Toresäter    | 97 | Enköpings AI         | 9.59 F            |
| 2                | Jennifer Ruumensaari | 97 | Högbo GIF            | 9.77 F            |



|   |                    |    |              |         |
|---|--------------------|----|--------------|---------|
| 3 | Sanna Bergqvist    | 97 | Högbo GIF    | 10.12 f |
| 4 | Hanna Johansson    | 97 | Upsala IF    | 10.25 f |
| 5 | Clara Ringmar      | 97 | Gottsunda IF | 10.36   |
| 6 | Kristina Fält      | 97 | Enköpings AI | 10.61   |
| 7 | Rebecca Andersson  | 97 | Örbyhus IF   | 10.72   |
| 8 | Mathilda Björklund | 97 | Bålsta IK    | 10.77   |

F10            60m                            Final                            Vind:-0.7

|   |                      |    |                      |       |
|---|----------------------|----|----------------------|-------|
| 1 | Elin Nord            | 97 | Högbo GIF            | 9.00  |
| 2 | Paulina Toresäter    | 97 | Enköpings AI         | 9.43  |
| 3 | Fanny Eriksson       | 97 | Djurmo/Sifferbo IF   | 9.65  |
| 4 | Jennifer Ruumensaari | 97 | Högbo GIF            | 9.78  |
| 5 | Kajsa Östman         | 97 | Sundsvalls Friidrott | 9.87  |
| 6 | Helena Ward          | 97 | IFK Märsta           | 10.14 |
| 7 | Sanna Bergqvist      | 97 | Högbo GIF            | 10.17 |
| 8 | Hanna Johansson      | 97 | Upsala IF            | 10.46 |

F10            600m

B-final

|   |                 |    |              |         |
|---|-----------------|----|--------------|---------|
| 1 | Kristina Fält   | 97 | Enköpings AI | 2:11.40 |
| 2 | Linda Bokefors  | 97 | Upsala IF    | 2:13.88 |
| 3 | Hanna Johansson | 97 | Upsala IF    | 2:15.13 |
| 4 | Malin Nygren    | 97 | Upsala IF    | 2:21.07 |
| 5 | Ida Svensson    | 98 | Upsala IF    | 2:26.43 |
| 6 | Maria Lindeberg | 98 | Upsala IF    | 2:26.54 |
| 7 | Nora Jansson    | 98 | Upsala IF    | 2:33.06 |

A-final

|   |                      |    |                      |         |
|---|----------------------|----|----------------------|---------|
| 1 | Jennifer Ruumensaari | 97 | Högbo GIF            | 2:07.07 |
| 2 | Kajsa Östman         | 97 | Sundsvalls Friidrott | 2:07.95 |
| 3 | Vendela Omberg       | 97 | Bålsta IK            | 2:11.15 |
| 4 | Sanna Bergqvist      | 97 | Högbo GIF            | 2:12.71 |
| 5 | Virve Möllerström    | 98 | IFK Märsta           | 2:13.31 |
| 6 | Clara Ringmar        | 97 | Gottsunda IF         | 2:16.12 |
| 7 | Rebecca Andersson    | 97 | Örbyhus IF           | 2:17.31 |
| 8 | Paulina Toresäter    | 97 | Enköpings AI         | 2:17.40 |
| 9 | Ellen Pettersson     | 97 | Örbyhus IF           | 2:18.56 |

F10            Höjd

|   |                      |    |                      |      |
|---|----------------------|----|----------------------|------|
| 1 | Kajsa Östman         | 97 | Sundsvalls Friidrott | 1.31 |
| 2 | Jennifer Ruumensaari | 97 | Högbo GIF            | 1.24 |
| 3 | Vendela Omberg       | 97 | Bålsta IK            | 1.24 |
| 4 | Sanna Bergqvist      | 97 | Högbo GIF            | 1.15 |
| 5 | Helena Ward          | 97 | IFK Märsta           | 1.10 |
| 6 | Elin Nord            | 97 | Högbo GIF            | 1.05 |
| 7 | Kristina Fält        | 97 | Enköpings AI         | 1.00 |

F10            Längd                            (zon)

|    |                      |    |                      |      |      |
|----|----------------------|----|----------------------|------|------|
| 1  | Elin Nord            | 97 | Högbo GIF            | 4.06 | -1.9 |
| 2  | Kajsa Östman         | 97 | Sundsvalls Friidrott | 3.98 | -1.0 |
| 3  | Jennifer Ruumensaari | 97 | Högbo GIF            | 3.89 | -1.1 |
| 4  | Fanny Eriksson       | 97 | Djurmo/Sifferbo IF   | 3.88 | -1.3 |
| 5  | Paulina Toresäter    | 97 | Enköpings AI         | 3.66 | +0.9 |
| 6  | Sanna Bergqvist      | 97 | Högbo GIF            | 3.65 | -0.6 |
| 7  | Helena Ward          | 97 | IFK Märsta           | 3.46 | -0.9 |
| 8  | Stina Rosenberg      | 97 | Huddinge AIS         | 3.40 | -2.1 |
| 9  | Clara Ringmar        | 97 | Gottsunda IF         | 3.36 | -3.4 |
| 10 | Ellen Pettersson     | 97 | Örbyhus IF           | 3.35 | -0.2 |

|    |                    |    |              |      |      |
|----|--------------------|----|--------------|------|------|
| 11 | Sanna Skogum       | 97 | Upsala IF    | 3.29 | -0.7 |
| 12 | Linda Bokefors     | 97 | Upsala IF    | 3.21 | -1.2 |
| 13 | Mathilda Björklund | 97 | Bålsta IK    | 3.16 | -1.8 |
| 14 | Kristina Fält      | 97 | Enköpings AI | 3.16 | -1.4 |
| 15 | Hanna Johansson    | 97 | Upsala IF    | 3.00 | -3.0 |
| 16 | Rebecca Andersson  | 97 | Örbyhus IF   | 2.98 | -2.3 |
| 17 | Ester Fontell      | 97 | Enköpings AI | 2.95 | -1.7 |
| 18 | Malin Nygren       | 97 | Upsala IF    | 2.94 | -1.9 |
| 19 | Isabelle Persson   | 97 | IK Stål      | 2.93 | -1.0 |

## F10 Kula (2,0)

|    |                      |    |                      |      |  |
|----|----------------------|----|----------------------|------|--|
| 1  | Helena Ward          | 97 | IFK Märsta           | 6.91 |  |
| 2  | Fanny Eriksson       | 97 | Djurmo/Sifferbo IF   | 6.12 |  |
| 3  | Paulina Toresäter    | 97 | Enköpings AI         | 6.02 |  |
| 4  | Kajsa Östman         | 97 | Sundsvalls Friidrott | 5.98 |  |
| 5  | Ellen Pettersson     | 97 | Örbyhus IF           | 5.52 |  |
| 6  | Elin Nord            | 97 | Högbo GIF            | 5.41 |  |
| 7  | Malin Nygren         | 97 | Upsala IF            | 5.21 |  |
| 8  | Sanna Skogum         | 97 | Upsala IF            | 4.78 |  |
| 9  | Jennifer Ruumensaari | 97 | Högbo GIF            | 4.72 |  |
| 10 | Sanna Bergqvist      | 97 | Högbo GIF            | 4.61 |  |
| 11 | Rebecca Andersson    | 97 | Örbyhus IF           | 4.41 |  |

## F9 60m Försök

## Heat 1

Vind:-2.4

|   |                   |    |              |       |   |
|---|-------------------|----|--------------|-------|---|
| 1 | Ella Wunger       | 98 | Enköpings AI | 9.77  | F |
| 2 | Nora Jansson      | 98 | Upsala IF    | 10.20 | F |
| 3 | Madeleine Olesjö  | 98 | IFK Märsta   | 10.33 | f |
| 4 | Cecilia Darby     | 98 | IFK Märsta   | 10.42 | f |
| 5 | Virve Möllerström | 98 | IFK Märsta   | 10.51 |   |
| 6 | Alma Kjellberg    | 98 | Hässelby SK  | 10.78 |   |
| 7 | Julia Åberg       | 99 | IK Stål      | 10.85 |   |

## Heat 2

Vind:-1.0

|   |                  |    |              |       |   |
|---|------------------|----|--------------|-------|---|
| 1 | Josefine Ihrsén  | 98 | Enköpings AI | 10.18 | F |
| 2 | Maria Lindeberg  | 98 | Upsala IF    | 10.28 | F |
| 3 | Jessica Mattsson | 98 | Tierps IF    | 10.30 | f |
| 4 | Ida Thunberg     | 99 | IK Stål      | 10.33 | f |
| 5 | Ida Svensson     | 98 | Upsala IF    | 10.48 |   |
| 6 | Karin Laachiri   | 98 | IFK Märsta   | 11.96 |   |
| 7 | Maria Nordström  | 99 | IFK Märsta   | 12.34 |   |

## F9 60m Final Vind:-1.1

|   |                  |    |              |       |  |
|---|------------------|----|--------------|-------|--|
| 1 | Ella Wunger      | 98 | Enköpings AI | 9.69  |  |
| 2 | Madeleine Olesjö | 98 | IFK Märsta   | 10.18 |  |
| 3 | Josefine Ihrsén  | 98 | Enköpings AI | 10.24 |  |
| 4 | Nora Jansson     | 98 | Upsala IF    | 10.29 |  |
| 5 | Maria Lindeberg  | 98 | Upsala IF    | 10.42 |  |
| 6 | Jessica Mattsson | 98 | Tierps IF    | 10.44 |  |
| 7 | Ida Thunberg     | 99 | IK Stål      | 10.46 |  |
| 8 | Cecilia Darby    | 98 | IFK Märsta   | 10.65 |  |

## F9 Längd (zon)

|   |                  |    |              |      |             |
|---|------------------|----|--------------|------|-------------|
| 1 | Ella Wunger      | 98 | Enköpings AI | 3.74 | +2.0        |
| 2 | Ida Thunberg     | 99 | IK Stål      | 3.69 | +1.9        |
| 3 | Jessica Mattsson | 98 | Tierps IF    | 3.58 | +0.9        |
| 4 | Madeleine Olesjö | 98 | IFK Märsta   | 3.50 | +0.9        |
| 5 | Maria Lindeberg  | 98 | Upsala IF    | 3.39 | +2.8 (3.30) |

|    |                   |    |                    |      |      |        |
|----|-------------------|----|--------------------|------|------|--------|
| 6  | Nora Jansson      | 98 | Upsala IF          | 3.24 | +3.7 | (3.22) |
| 7  | Ida Svensson      | 98 | Upsala IF          | 3.20 | +2.2 | (3.19) |
| 8  | Josefine Ihrsén   | 98 | Enköpings AI       | 3.18 | +1.3 |        |
| 9  | Cecilia Darby     | 98 | IFK Märsta         | 3.17 | +1.8 |        |
| 10 | Virve Möllerström | 98 | IFK Märsta         | 3.08 | +4.5 | (2.71) |
| 11 | Julia Åberg       | 99 | IK Stål            | 2.90 | +0.7 |        |
| 12 | Alma Kjellberg    | 98 | Hässelby SK        | 2.84 | +1.1 |        |
| 13 | Nicolina Eriksson | 01 | Djurmo/Sifferbo IF | 2.80 | +2.6 | (2.66) |
| 14 | Maria Nordström   | 99 | IFK Märsta         | 2.35 | +2.1 | (1.91) |

## F9 Kula (2,0)

|    |                   |    |              |      |  |  |
|----|-------------------|----|--------------|------|--|--|
| 1  | Josefine Ihrsén   | 98 | Enköpings AI | 6.77 |  |  |
| 2  | Ida Thunberg      | 99 | IK Stål      | 5.79 |  |  |
| 3  | Nora Jansson      | 98 | Upsala IF    | 5.45 |  |  |
| 4  | Jessica Mattsson  | 98 | Tierps IF    | 5.27 |  |  |
| 5  | Ida Svensson      | 98 | Upsala IF    | 5.03 |  |  |
| 6  | Maria Lindeberg   | 98 | Upsala IF    | 4.94 |  |  |
| 7  | Ella Wunger       | 98 | Enköpings AI | 4.84 |  |  |
| 8  | Madeleine Olesjö  | 98 | IFK Märsta   | 4.75 |  |  |
| 9  | Virve Möllerström | 98 | IFK Märsta   | 4.30 |  |  |
| 10 | Ellinor Grele     | 98 | Upsala IF    | 4.20 |  |  |
| 11 | Maria Nordström   | 99 | IFK Märsta   | 3.84 |  |  |
| 12 | Cecilia Darby     | 98 | IFK Märsta   | 3.82 |  |  |
| 13 | Karin Laachiri    | 98 | IFK Märsta   | 2.84 |  |  |

## P15 2000m: Se F15.

## P15 Höjd

|   |                    |    |                    |      |  |             |
|---|--------------------|----|--------------------|------|--|-------------|
| 1 | Tim Rådberg        | 92 | Sundbybergs IK     | 1.83 |  | (tang. rek) |
| 2 | Tom Södrén         | 92 | Estuna IF          | 1.83 |  | (tang. rek) |
| 3 | Alexander Woivalin | 92 | IF Åland (Finland) | 1.68 |  |             |
| 4 | Daniel Nino Cortez | 92 | Sundbybergs IK     | 1.64 |  |             |
| 5 | Simon Luup         | 92 | Upsala IF          | 1.64 |  |             |
| 6 | Andreas Hemström   | 92 | Örbyhus IF         | 1.56 |  |             |
| 6 | Kristoffer Persson | 92 | Tyresö FK          | 1.56 |  |             |
| 8 | Michael Hjort      | 92 | Västerås FK        | 1.47 |  |             |

## P15 Stav

|   |                    |    |              |      |  |  |
|---|--------------------|----|--------------|------|--|--|
| 1 | Michael Hjort      | 92 | Västerås FK  | 3.35 |  |  |
| 2 | Kristoffer Persson | 92 | Tyresö FK    | 2.95 |  |  |
| 3 | Tom Södrén         | 92 | Estuna IF    | 2.85 |  |  |
| 4 | Jesper Engström    | 92 | Västerås FK  | 2.65 |  |  |
| 5 | Philip Eliasson    | 92 | Hanvikens SK | 2.55 |  |  |
| 6 | Simon Luup         | 92 | Upsala IF    | 2.45 |  |  |

## Utom tävlan

|                |    |             |      |  |  |
|----------------|----|-------------|------|--|--|
| Daniel Östling | 88 | IFK Lidingö | 3.35 |  |  |
|----------------|----|-------------|------|--|--|

## P15 Diskus (1,0)

|   |                    |    |                    |       |  |  |
|---|--------------------|----|--------------------|-------|--|--|
| 1 | Arwid Koskinen     | 92 | Huddinge AIS       | 46.50 |  |  |
| 2 | Daniel Ståhl       | 92 | Spårvägens FK      | 45.67 |  |  |
| 3 | Jesper Wirtanen    | 92 | IF Åland (Finland) | 36.81 |  |  |
| 4 | Simon Luup         | 92 | Upsala IF          | 33.77 |  |  |
| 5 | Tom Södrén         | 92 | Estuna IF          | 31.48 |  |  |
| 6 | Kristoffer Persson | 92 | Tyresö FK          | 28.99 |  |  |

## P14 100m Vind:-2.7

|   |                |    |                  |       |  |  |
|---|----------------|----|------------------|-------|--|--|
| 1 | Marcus Backman | 93 | Råby-Rekarne FIF | 12.42 |  |  |
|---|----------------|----|------------------|-------|--|--|

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 2 | Johan Reimers      | 93 | Hagunda IF   | 12.45 |
| 3 | Robin Nordkvist    | 93 | Huddinge AIS | 12.69 |
| 4 | Niclas Richardsson | 93 | Gefle IF     | 13.08 |
| 5 | Simon Karlsson     | 93 | Västerås FK  | 13.31 |
| 6 | Patric Hjort       | 93 | Västerås FK  | 13.86 |
| 7 | Oskar Kjellberg    | 93 | Upsala IF    | 13.93 |

## P14 800m

|   |                  |    |             |         |
|---|------------------|----|-------------|---------|
| 1 | Jakob Björk      | 93 | Hagunda IF  | 2:18.16 |
| 2 | Mandus Ridefelt  | 93 | OK Linné    | 2:19.27 |
| 3 | Olle Forslin     | 93 | Hässelby SK | 2:20.29 |
| 4 | Simon Gunnarsson | 93 | Västerås FK | 2:28.53 |

## P14 100m häck (84,0) Vind:-2.4

|   |                    |    |             |       |
|---|--------------------|----|-------------|-------|
| 1 | Fredrik Lindeberg  | 93 | Upsala IF   | 16.34 |
| 2 | Niclas Richardsson | 93 | Gefle IF    | 16.42 |
| 3 | Patric Hjort       | 93 | Västerås FK | 18.36 |
| 4 | Jakob Björk        | 93 | Hagunda IF  | 18.57 |

## P14 Höjd

|   |                   |    |              |      |
|---|-------------------|----|--------------|------|
| 1 | Robin Nordkvist   | 93 | Huddinge AIS | 1.64 |
| 2 | Johan Reimers     | 93 | Hagunda IF   | 1.60 |
| 3 | Martin Ullström   | 93 | Upsala IF    | 1.56 |
| 4 | Fredrik Granström | 93 | IFK Märsta   | 1.52 |
| 5 | Robert Granström  | 93 | IFK Märsta   | 1.52 |
| 6 | Simon Söderlund   | 94 | Upsala IF    | 1.47 |
| 7 | Jakob Björk       | 93 | Hagunda IF   | 1.47 |
| 8 | Simon Karlsson    | 93 | Västerås FK  | 1.47 |

## P14 Stav

|   |                   |    |                 |               |
|---|-------------------|----|-----------------|---------------|
| 1 | Axel Frisén       | 93 | Stocksätters IF | 3.35 (rekord) |
| 2 | Carl Sténson      | 93 | Huddinge AIS    | 3.35 (rekord) |
| 3 | Simon Gunnarsson  | 93 | Västerås FK     | 2.75          |
| 4 | Fredrik Lindeberg | 93 | Upsala IF       | 2.65          |

## P14 Längd

|   |                    |    |                  |                  |
|---|--------------------|----|------------------|------------------|
| 1 | Niclas Richardsson | 93 | Gefle IF         | 5.51 +1.3        |
| 2 | Patric Hjort       | 93 | Västerås FK      | 5.04 +2.8 (4.99) |
| 3 | Johan Reimers      | 93 | Hagunda IF       | 4.99 +1.5        |
| 4 | Fredrik Lindeberg  | 93 | Upsala IF        | 4.98 +2.4 (4.78) |
| 5 | Martin Ullström    | 93 | Upsala IF        | 4.95 +2.4 (4.77) |
| 6 | Marcus Backman     | 93 | Råby-Rekarne FIF | 4.93 +1.6        |
| 7 | Simon Karlsson     | 93 | Västerås FK      | 4.86 +2.0        |
| 8 | Oskar Kjellberg    | 93 | Upsala IF        | 4.58 +2.0        |

## P14 Diskus (1,0)

|   |                   |    |             |       |
|---|-------------------|----|-------------|-------|
| 1 | Niklas Lindstedt  | 93 | Hässelby SK | 42.79 |
| 2 | Fredrik Granström | 93 | IFK Märsta  | 37.39 |
| 3 | Anton Millbert    | 93 | Hässelby SK | 35.76 |
| 4 | Robert Granström  | 93 | IFK Märsta  | 33.38 |

## P13 80m Försök

## Heat 1

Vind:-1.2

|   |                 |    |                  |         |
|---|-----------------|----|------------------|---------|
| 1 | Mattias Backman | 94 | Råby-Rekarne FIF | 10.36 F |
| 2 | Tobias Westman  | 94 | Rånäs 4H         | 11.04 F |
| 3 | Isac Persson    | 94 | Enköpings AI     | 11.25 f |

|   |                 |    |                |       |   |
|---|-----------------|----|----------------|-------|---|
| 4 | Simon Söderlund | 94 | Upsala IF      | 11.35 | f |
| 5 | Rikard Hällberg | 94 | Upsala IF      | 12.37 |   |
| 6 | Robert Berlin   | 94 | Björklinge SOK | 12.98 |   |

## Heat 2

Vind:-0.3

|   |                   |    |              |       |   |
|---|-------------------|----|--------------|-------|---|
| 1 | Carl Bergström    | 94 | Örbyhus IF   | 10.74 | F |
| 2 | Oskar Nilsson     | 94 | Bålsta IK    | 10.90 | F |
| 3 | Axel Lönegren     | 94 | Upsala IF    | 11.06 | f |
| 4 | Petter Berner Wik | 94 | Hagunda IF   | 11.24 | f |
| 5 | Jesper Bokefors   | 94 | Upsala IF    | 11.93 |   |
| 6 | Torkel Gure       | 94 | Turebergs FK | 12.21 |   |

## P13

80m

Final

Vind:-2.0

|   |                   |    |                  |          |          |
|---|-------------------|----|------------------|----------|----------|
| 1 | Mattias Backman   | 94 | Råby-Rekarne FIF | 10.15    | (rekord) |
| 2 | Tobias Westman    | 94 | Rånäs 4H         | 10.88    |          |
| 3 | Carl Bergström    | 94 | Örbyhus IF       | 10.91    |          |
| 4 | Oskar Nilsson     | 94 | Bålsta IK        | 11.15    |          |
| 5 | Isac Persson      | 94 | Enköpings AI     | 11.31    |          |
| 6 | Petter Berner Wik | 94 | Hagunda IF       | 11.39    |          |
| 7 | Simon Söderlund   | 94 | Upsala IF        | 11.58    |          |
| - | Axel Lönegren     | 94 | Upsala IF        | Ej start |          |

## P13

600m

|   |                    |    |             |         |  |
|---|--------------------|----|-------------|---------|--|
| 1 | Philip Hellström   | 94 | Upsala IF   | 1:42.27 |  |
| 2 | Eddie Strand       | 94 | Hammarby IF | 1:44.15 |  |
| 3 | Petter Berner Wik  | 94 | Hagunda IF  | 1:44.68 |  |
| 4 | Adam Wendelin      | 94 | IFK Sala    | 1:44.85 |  |
| 5 | Erik Tholén        | 94 | Ununge IF   | 1:49.73 |  |
| 6 | Rasmus Hartman     | 94 | Upsala IF   | 1:51.59 |  |
| 7 | Jesper Bokefors    | 94 | Upsala IF   | 1:51.98 |  |
| 8 | Jonatan Elfviksson | 94 | IFK Märsta  | 1:58.79 |  |

## P13

60m häck (76,2)

Vind:-0.8

|   |                  |    |              |       |          |
|---|------------------|----|--------------|-------|----------|
| 1 | Edwin Råsberg    | 94 | Bromma IF    | 9.40  | (rekord) |
| 2 | Philip Hellström | 94 | Upsala IF    | 9.49  |          |
| 3 | Patrick Lundemo  | 94 | Bromma IF    | 10.35 |          |
| 4 | Simon Söderlund  | 94 | Upsala IF    | 10.61 |          |
| 5 | Simon Pettersson | 94 | Örbyhus IF   | 10.71 |          |
| 6 | Tim Wunger       | 94 | Enköpings AI | 10.86 |          |

## P13

Stav

|   |                  |    |           |      |  |
|---|------------------|----|-----------|------|--|
| 1 | Philip Hellström | 94 | Upsala IF | 2.35 |  |
| 2 | Simon Söderlund  | 94 | Upsala IF | 2.05 |  |
| 3 | Rasmus Hartman   | 94 | Upsala IF | 1.85 |  |

## P13

Längd

(zon)

|    |                   |    |              |      |             |
|----|-------------------|----|--------------|------|-------------|
| 1  | Edwin Råsberg     | 94 | Bromma IF    | 5.45 | +2.1 (5.32) |
| 2  | Carl Bergström    | 94 | Örbyhus IF   | 5.30 | +1.6        |
| 3  | Patrick Lundemo   | 94 | Bromma IF    | 5.16 | +3.5 (5.01) |
| 4  | Simon Pettersson  | 94 | Örbyhus IF   | 5.12 | +0.6        |
| 5  | Simon Söderlund   | 94 | Upsala IF    | 5.03 | +3.5 (4.94) |
| 6  | Tobias Westman    | 94 | Rånäs 4H     | 5.02 | +2.9 (5.01) |
| 7  | Philip Hellström  | 94 | Upsala IF    | 4.98 | +1.3        |
| 8  | Isac Persson      | 94 | Enköpings AI | 4.89 | +0.5        |
| 9  | Tim Wunger        | 94 | Enköpings AI | 4.76 | +1.7        |
| 10 | Petter Berner Wik | 94 | Hagunda IF   | 4.54 | +2.8 (4.46) |
| 11 | Oskar Nilsson     | 94 | Bålsta IK    | 4.41 | +2.7 (4.39) |
| 12 | Torkel Gure       | 94 | Turebergs FK | 4.41 | +1.6        |

|        |                         |        |                 |           |             |
|--------|-------------------------|--------|-----------------|-----------|-------------|
| 13     | Jesper Bokefors         | 94     | Upsala IF       | 4.27      | +1.2        |
| 14     | Rikard Hällberg         | 94     | Upsala IF       | 4.22      | +2.3 (4.12) |
| P13    | Diskus                  | (0,6)  |                 |           |             |
| 1      | Simon Pettersson        | 94     | Örbyhus IF      | 36.67     |             |
| 2      | Tim Wunger              | 94     | Enköpings AI    | 34.03     |             |
| 3      | Jesper Bokefors         | 94     | Upsala IF       | 25.84     |             |
| 4      | Jonatan Elfviksson      | 94     | IFK Märsta      | 19.28     |             |
| 5      | Jacob Luup              | 94     | Upsala IF       | 17.24     |             |
| 6      | Petter Berner Wik       | 94     | Hagunda IF      | 16.67     |             |
| P12    | 80m                     | Försök |                 |           |             |
| Heat 1 |                         |        |                 | Vind:+0.4 |             |
| 1      | Timothy Edwards         | 95     | Upsala IF       | 11.46     | F           |
| 2      | Fabian Revilla          | 95     | Rånäs 4H        | 11.94     | F           |
| 3      | Anton Österlund         | 95     | IFK Tumba       | 12.18     | f           |
| 4      | Emil Westin             | 95     | Upsala IF       | 13.28     |             |
| Heat 2 |                         |        |                 | Vind:-1.6 |             |
| 1      | Erik Hagberg            | 95     | Upsala IF       | 10.79     | F           |
| 2      | Carl Söderberg          | 95     | Enköpings AI    | 10.90     | F           |
| 3      | Martin Ekberg           | 95     | IK Stål         | 12.12     | f           |
| 4      | Jonathan Kruse          | 95     | Upsala IF       | 12.14     | f           |
| 5      | Staffan Åkesson         | 95     | Hässleholms AIS | 12.22     | f           |
| P12    | 80m                     | Final  |                 | Vind:-2.0 |             |
| 1      | Carl Söderberg          | 95     | Enköpings AI    | 10.92     |             |
| 2      | Erik Hagberg            | 95     | Upsala IF       | 11.02     |             |
| 3      | Timothy Edwards         | 95     | Upsala IF       | 11.40     |             |
| 4      | Jonathan Kruse          | 95     | Upsala IF       | 11.84     |             |
| 5      | Fabian Revilla          | 95     | Rånäs 4H        | 11.87     |             |
| 6      | Anton Österlund         | 95     | IFK Tumba       | 11.94     |             |
| 7      | Martin Ekberg           | 95     | IK Stål         | 12.40     |             |
| 8      | Staffan Åkesson         | 95     | Hässleholms AIS | 12.68     |             |
| P12    | 600m                    |        |                 |           |             |
| 1      | Rasmus Östergård Hansen | 95     | Hagunda IF      | 1:56.54   |             |
| 2      | Staffan Åkesson         | 95     | Hässleholms AIS | 1:57.92   |             |
| 3      | Martin Ekberg           | 95     | IK Stål         | 2:01.00   |             |
| P12    | 60m häck                | (76,2) |                 | Vind:-3.4 |             |
| 1      | Fredrik Samuelsson      | 95     | Hässelby SK     | 11.34     |             |
| 2      | Jonathan Kruse          | 95     | Upsala IF       | 12.30     |             |
| 3      | Emil Westin             | 95     | Upsala IF       | 13.44     |             |
| P12    | Höjd                    |        |                 |           |             |
| 1      | Jonathan Kruse          | 95     | Upsala IF       | 1.40      |             |
| 2      | Tobias Warneby          | 95     | SoIK Hellas     | 1.40      |             |
| 3      | Rasmus Östergård Hansen | 95     | Hagunda IF      | 1.31      |             |
| 4      | Emil Westin             | 95     | Upsala IF       | 1.31      |             |
| P12    | Längd                   | (zon)  |                 |           |             |
| 1      | Carl Söderberg          | 95     | Enköpings AI    | 4.90      | -0.3        |
| 2      | Fredrik Samuelsson      | 95     | Hässelby SK     | 4.41      | -0.4        |
| 3      | Tobias Warneby          | 95     | SoIK Hellas     | 4.30      | -2.5        |

|    |                         |    |                 |      |      |
|----|-------------------------|----|-----------------|------|------|
| 4  | Erik Hagberg            | 95 | Upsala IF       | 4.21 | -1.1 |
| 5  | Timothy Edwards         | 95 | Upsala IF       | 4.14 | -0.6 |
| 6  | Staffan Åkesson         | 95 | Hässleholms AIS | 4.02 | -0.8 |
| 7  | Martin Ekberg           | 95 | IK Stål         | 3.90 | -0.5 |
| 8  | Rasmus Östergård Hansen | 95 | Hagunda IF      | 3.87 | -0.2 |
| 9  | Anton Österlund         | 95 | IFK Tumba       | 3.78 | -0.1 |
| 10 | Emil Westin             | 95 | Upsala IF       | 3.68 | +0.4 |
| 11 | Fabian Revilla          | 95 | Rånäs 4H        | 3.65 | -1.3 |

## P12 Kula (3,0)

|   |                    |    |                 |      |
|---|--------------------|----|-----------------|------|
| 1 | Fredrik Samuelsson | 95 | Hässelby SK     | 9.94 |
| 2 | Alexander Persson  | 95 | Tyresö FK       | 8.62 |
| 3 | Erik Hagberg       | 95 | Upsala IF       | 8.05 |
| 4 | Staffan Åkesson    | 95 | Hässleholms AIS | 7.71 |
| 5 | Fabian Revilla     | 95 | Rånäs 4H        | 7.68 |

## P12 Diskus (0,6)

|   |                    |    |                 |       |
|---|--------------------|----|-----------------|-------|
| 1 | Fredrik Samuelsson | 95 | Hässelby SK     | 29.00 |
| 2 | Alexander Persson  | 95 | Tyresö FK       | 25.60 |
| 3 | Anton Österlund    | 95 | IFK Tumba       | 22.31 |
| 4 | Staffan Åkesson    | 95 | Hässleholms AIS | 21.55 |
| 5 | Erik Hagberg       | 95 | Upsala IF       | 20.80 |
| 6 | Patrik Lindstedt   | 99 | Hässelby SK     | 17.98 |
| 7 | Timothy Edwards    | 95 | Upsala IF       | 16.20 |
| 8 | Fredrik Lindén     | 95 | Björklinge SOK  | 12.19 |

## P12 Spjut (400)

|    |                         |    |                 |       |            |
|----|-------------------------|----|-----------------|-------|------------|
| 1  | Emil Widén              | 95 | Österfärnebo IF | 37.91 | (rekord)   |
| 2  | Staffan Åkesson         | 95 | Hässleholms AIS | 31.35 |            |
| 3  | Carl Söderberg          | 95 | Enköpings AI    | 25.43 |            |
| 4  | Bryson Brunsberg        | 97 | Enköpings AI    | 24.63 |            |
| 5  | Tobias Warneby          | 95 | SoIK Hellas     | 24.22 |            |
| 6  | Erik Hagberg            | 95 | Upsala IF       | 23.78 |            |
| 7  | Alexander Persson       | 95 | Tyresö FK       | 23.77 |            |
| 8  | Timothy Edwards         | 95 | Upsala IF       | 22.65 |            |
| 9  | Emil Westin             | 95 | Upsala IF       | 19.37 |            |
| 10 | Isak Wallin             | 96 | Upsala IF       | 17.14 |            |
| -  | Rasmus Östergård Hansen | 95 | Hagunda IF      | Inget | godkänt ka |

## P11 60m Försök

## Heat 1

Vind:-1.0

|   |                    |    |              |       |   |
|---|--------------------|----|--------------|-------|---|
| 1 | Alexander Thunberg | 96 | IK Stål      | 9.33  | F |
| 2 | Isak Wallin        | 96 | Upsala IF    | 9.77  | F |
| 3 | Gustav Norén       | 96 | Örbyhus IF   | 9.89  | f |
| 4 | Björn Seifert      | 96 | Gottsunda IF | 9.98  |   |
| 5 | Felix Kollin       | 96 | Täby IS      | 10.13 |   |
| 6 | Jacob Staaf        | 96 | Bålsta IK    | 10.18 |   |
| 7 | Jakob Hellman      | 96 | Hagunda IF   | 10.23 |   |
| 8 | Hampus Pedersen    | 96 | Upsala IF    | 10.58 |   |

## Heat 2

Vind:-3.1

|   |                   |    |           |       |   |
|---|-------------------|----|-----------|-------|---|
| 1 | Filip Wendelin    | 96 | IFK Sala  | 9.45  | F |
| 2 | Victor Björklund  | 96 | Upsala IF | 10.00 | F |
| 3 | Kalle Tångring    | 96 | Upsala IF | 10.22 |   |
| 4 | Tim Engfors       | 96 | Bålsta IK | 10.44 |   |
| 5 | Fredrik Johansson | 96 | IK Stål   | 10.61 |   |
| 6 | Anton Wijk        | 96 | Upsala IF | 10.93 |   |
| 7 | Johan Wijk        | 96 | Upsala IF | 12.01 |   |

Heat 3

Vind:-2.9

|   |                  |    |            |       |   |
|---|------------------|----|------------|-------|---|
| 1 | Marcus Rostmark  | 96 | IFK Märsta | 9.43  | F |
| 2 | Isak Andersson   | 96 | Upsala IF  | 9.46  | F |
| 3 | Stefan Susic     | 96 | Upsala IF  | 9.54  | f |
| 4 | Emil Nordback    | 96 | Upsala IF  | 9.93  |   |
| 5 | Chris Arnoldsson | 96 | IFK Märsta | 10.47 |   |
| 6 | Alfred Sederlin  | 96 | Rånäs 4H   | 10.52 |   |
| 7 | Johan Nilsson    | 96 | Bålsta IK  | 11.13 |   |

P11 60m Final Vind:-1.6

|   |                    |    |            |      |  |
|---|--------------------|----|------------|------|--|
| 1 | Marcus Rostmark    | 96 | IFK Märsta | 9.15 |  |
| 2 | Isak Andersson     | 96 | Upsala IF  | 9.34 |  |
| 3 | Filip Wendelin     | 96 | IFK Sala   | 9.38 |  |
| 4 | Alexander Thunberg | 96 | IK Stål    | 9.42 |  |
| 5 | Stefan Susic       | 96 | Upsala IF  | 9.44 |  |
| 6 | Gustav Norén       | 96 | Örbyhus IF | 9.80 |  |
| 7 | Victor Björklund   | 96 | Upsala IF  | 9.81 |  |
| 8 | Isak Wallin        | 96 | Upsala IF  | 9.83 |  |

P11 600m

B-final

|   |                  |    |            |         |  |
|---|------------------|----|------------|---------|--|
| 1 | Isak Andersson   | 96 | Upsala IF  | 2:03.13 |  |
| 2 | Andreas Nyman    | 96 | Upsala IF  | 2:06.66 |  |
| 3 | Anton Wijk       | 96 | Upsala IF  | 2:07.15 |  |
| 4 | Pontus Norén     | 96 | Örbyhus IF | 2:09.73 |  |
| 5 | Jacob Staaf      | 96 | Bålsta IK  | 2:12.85 |  |
| 6 | Victor Björklund | 96 | Upsala IF  | 2:16.33 |  |
| 7 | Hampus Pedersen  | 96 | Upsala IF  | 2:26.87 |  |

A-final

|   |                 |    |              |         |  |
|---|-----------------|----|--------------|---------|--|
| 1 | Stefan Susic    | 96 | Upsala IF    | 1:58.58 |  |
| 2 | Anton Bergström | 96 | Örbyhus IF   | 2:01.33 |  |
| 3 | Jakob Hellman   | 96 | Hagunda IF   | 2:05.16 |  |
| 4 | Gustav Norén    | 96 | Örbyhus IF   | 2:05.97 |  |
| 5 | Filip Wendelin  | 96 | IFK Sala     | 2:12.83 |  |
| 6 | Björn Seifert   | 96 | Gottsunda IF | 2:15.48 |  |
| 7 | Joel Eriksson   | 96 | IFK Sala     | 2:17.77 |  |
| 8 | Marcus Rostmark | 96 | IFK Märsta   | 2:20.66 |  |

P11 Höjd

|    |                  |    |              |                   |  |
|----|------------------|----|--------------|-------------------|--|
| 1  | Bryson Brunsberg | 97 | Enköpings AI | 1.29              |  |
| 2  | Isak Wallin      | 96 | Upsala IF    | 1.29              |  |
| 3  | Isak Andersson   | 96 | Upsala IF    | 1.29              |  |
| 4  | Gustav Norén     | 96 | Örbyhus IF   | 1.21              |  |
| 5  | Anton Bergström  | 96 | Örbyhus IF   | 1.21              |  |
| 6  | Andreas Nyman    | 96 | Upsala IF    | 1.21              |  |
| 7  | Pontus Norén     | 96 | Örbyhus IF   | 1.16              |  |
| 8  | Anton Wijk       | 96 | Upsala IF    | 1.11              |  |
| 8  | Chris Arnoldsson | 96 | IFK Märsta   | 1.11              |  |
| 10 | Victor Björklund | 96 | Upsala IF    | 1.11              |  |
| 11 | Jakob Hellman    | 96 | Hagunda IF   | 1.11              |  |
| 12 | Stefan Susic     | 96 | Upsala IF    | 1.11              |  |
| 12 | Tim Engfors      | 96 | Bålsta IK    | 1.11              |  |
| 14 | Felix Kollin     | 96 | Täby IS      | 1.06              |  |
| 15 | Kalle Tångring   | 96 | Upsala IF    | 1.01              |  |
| 16 | Hampus Pedersen  | 96 | Upsala IF    | 0.96              |  |
| -  | Johan Nilsson    | 96 | Bålsta IK    | Inget godkänt höj |  |



|     |                    |       |            |                   |
|-----|--------------------|-------|------------|-------------------|
| -   | Marcus Rostmark    | 96    | IFK Märsta | Inget godkänt höj |
| P11 | Längd              | (zon) |            |                   |
| 1   | Alexander Thunberg | 96    | IK Stål    | 4.45 +0.0         |
| 2   | Isak Andersson     | 96    | Uppsala IF | 4.35 +0.8         |
| 3   | Stefan Susic       | 96    | Uppsala IF | 4.25 +2.1 (4.13)  |
| 4   | Gustav Norén       | 96    | Örbyhus IF | 4.20 +1.1         |
| 5   | Isak Wallin        | 96    | Uppsala IF | 4.20 -0.4         |
| 6   | Marcus Rostmark    | 96    | IFK Märsta | 4.10 +2.9 (3.09)  |
| 7   | Jacob Staaf        | 96    | Bålsta IK  | 3.88 +2.2 (3.84)  |
| 8   | Anton Bergström    | 96    | Örbyhus IF | 3.85 +0.9         |
| 9   | Emanuel Larsson    | 96    | IK Stål    | 3.75 +2.1 (3.73)  |
| 10  | Chris Arnoldsson   | 96    | IFK Märsta | 3.73 +0.4         |
| 11  | Pontus Norén       | 96    | Örbyhus IF | 3.72 +1.8         |
| 12  | Emil Nordback      | 96    | Uppsala IF | 3.71 +1.9         |
| 13  | Fredrik Johansson  | 96    | IK Stål    | 3.66 +1.1         |
| 14  | Kalle Tångring     | 96    | Uppsala IF | 3.62 +1.7         |
| 15  | Andreas Nyman      | 96    | Uppsala IF | 3.56 +3.3 (3.54)  |
| 16  | Jakob Hellman      | 96    | Hagunda IF | 3.53 +2.1 (-)     |
| 17  | Tim Engfors        | 96    | Bålsta IK  | 3.52 +1.9         |
| 18  | Victor Björklund   | 96    | Uppsala IF | 3.42 +2.4 (3.28)  |
| 19  | Felix Kollin       | 96    | Täby IS    | 3.42 +1.8         |
| 20  | Anton Wijk         | 96    | Uppsala IF | 3.32 +1.1         |
| 21  | Hampus Pedersen    | 96    | Uppsala IF | 3.30 +1.9         |
| 22  | Johan Nilsson      | 96    | Bålsta IK  | 3.28 +1.5         |
| 23  | Alfred Sederlin    | 96    | Rånäs 4H   | 3.27 +0.8         |
| 24  | Johan Wijk         | 96    | Uppsala IF | 3.04 +2.4 (2.80)  |

P11 Kula (2,0)

|    |                    |    |            |      |
|----|--------------------|----|------------|------|
| 1  | Gustav Norén       | 96 | Örbyhus IF | 9.51 |
| 2  | Filip Wendelin     | 96 | IFK Sala   | 8.97 |
| 3  | Chris Arnoldsson   | 96 | IFK Märsta | 8.85 |
| 4  | Tim Engfors        | 96 | Bålsta IK  | 8.68 |
| 5  | Anton Bergström    | 96 | Örbyhus IF | 8.40 |
| 6  | Isak Wallin        | 96 | Uppsala IF | 8.05 |
| 7  | Marcus Rostmark    | 96 | IFK Märsta | 7.90 |
| 8  | Pontus Norén       | 96 | Örbyhus IF | 7.89 |
| 9  | Emanuel Larsson    | 96 | IK Stål    | 7.69 |
| 10 | Jakob Hellman      | 96 | Hagunda IF | 7.67 |
| 11 | Jacob Staaf        | 96 | Bålsta IK  | 7.54 |
| 12 | Andreas Nyman      | 96 | Uppsala IF | 7.41 |
| 13 | Isak Andersson     | 96 | Uppsala IF | 7.30 |
| 14 | Emil Nordback      | 96 | Uppsala IF | 7.22 |
| 15 | Felix Kollin       | 96 | Täby IS    | 7.18 |
| 16 | Alexander Thunberg | 96 | IK Stål    | 7.08 |
| 17 | Kalle Tångring     | 96 | Uppsala IF | 7.02 |
| 18 | Victor Björklund   | 96 | Uppsala IF | 6.43 |
| 19 | Stefan Susic       | 96 | Uppsala IF | 6.41 |
| 20 | Johan Nilsson      | 96 | Bålsta IK  | 6.31 |
| 21 | Fredrik Johansson  | 96 | IK Stål    | 5.87 |
| 22 | Alfred Sederlin    | 96 | Rånäs 4H   | 5.77 |
| 23 | Hampus Pedersen    | 96 | Uppsala IF | 5.03 |
| 24 | Johan Wijk         | 96 | Uppsala IF | 4.42 |
| 25 | Anton Wijk         | 96 | Uppsala IF | 4.20 |

P10 60m Försök

Heat 1

Vind:-1.9

|   |                      |    |              |         |
|---|----------------------|----|--------------|---------|
| 1 | Sebastian Ruthström  | 97 | Danderyds SK | 9.46 F  |
| 2 | Jesper Arbinge       | 97 | Huddinge AIS | 9.87 F  |
| 3 | Anton Eriksson-Stork | 97 | Örbyhus IF   | 10.38 f |

|   |                 |    |            |       |
|---|-----------------|----|------------|-------|
| 4 | David de Barés  | 97 | IFK Märsta | 10.48 |
| 5 | Lucas Tengvall  | 97 | Örbyhus IF | 10.70 |
| 6 | Lukas Andersson | 97 | Upsala IF  | 11.40 |

## Heat 2

Vind:-0.6

|   |                       |    |                 |       |   |
|---|-----------------------|----|-----------------|-------|---|
| 1 | Fredrik Widén         | 97 | Österfärnebo IF | 9.36  | F |
| 2 | Josef Bergström Raouf | 97 | Upsala IF       | 9.45  | F |
| 3 | Bryson Brunsberg      | 97 | Enköpings AI    | 9.51  | f |
| 4 | Andreas Pauksens      | 97 | Hagunda IF      | 10.07 | f |
| 5 | Albin Kjellberg       | 97 | Hässelby SK     | 10.39 | f |
| 6 | Robin Lövdahl         | 97 | IFK Märsta      | 10.46 |   |

## P10

60m

Final

Vind:-0.8

|   |                       |    |                 |       |
|---|-----------------------|----|-----------------|-------|
| 1 | Sebastian Ruthström   | 97 | Danderyds SK    | 9.43  |
| 2 | Fredrik Widén         | 97 | Österfärnebo IF | 9.52  |
| 3 | Bryson Brunsberg      | 97 | Enköpings AI    | 9.65  |
| 4 | Josef Bergström Raouf | 97 | Upsala IF       | 9.66  |
| 5 | Jesper Arbinge        | 97 | Huddinge AIS    | 9.79  |
| 6 | Anton Eriksson-Stork  | 97 | Örbyhus IF      | 10.28 |
| 7 | Andreas Pauksens      | 97 | Hagunda IF      | 10.29 |
| 8 | Albin Kjellberg       | 97 | Hässelby SK     | 10.72 |

## P10

600m

|   |                     |    |              |         |
|---|---------------------|----|--------------|---------|
| 1 | Sebastian Ruthström | 97 | Danderyds SK | 1:59.61 |
| 2 | Elias Tholén        | 97 | Ununge IF    | 2:02.67 |
| 3 | Fredrik Kihlblom    | 98 | Huddinge AIS | 2:04.06 |
| 4 | Lucas Tengvall      | 97 | Örbyhus IF   | 2:08.74 |
| 5 | David de Barés      | 97 | IFK Märsta   | 2:13.17 |
| 6 | Filip Björklund     | 98 | Upsala IF    | 2:15.33 |
| 7 | Jon-Kåre Vassvik    | 98 | Gottsunda IF | 2:17.78 |
| 8 | Robin Lövdahl       | 97 | IFK Märsta   | 2:25.51 |

## P10

Längd

(zon)

|    |                       |    |                 |      |             |
|----|-----------------------|----|-----------------|------|-------------|
| 1  | Bryson Brunsberg      | 97 | Enköpings AI    | 4.20 | +1.6        |
| 2  | Fredrik Widén         | 97 | Österfärnebo IF | 4.15 | +2.6 (4.10) |
| 3  | Sebastian Ruthström   | 97 | Danderyds SK    | 4.09 | +0.8        |
| 4  | Jesper Arbinge        | 97 | Huddinge AIS    | 3.94 | +2.1 (3.92) |
| 5  | Andreas Pauksens      | 97 | Hagunda IF      | 3.92 | +1.1        |
| 6  | Josef Bergström Raouf | 97 | Upsala IF       | 3.74 | +1.1        |
| 7  | Anton Eriksson-Stork  | 97 | Örbyhus IF      | 3.55 | +1.4        |
| 8  | David de Barés        | 97 | IFK Märsta      | 3.42 | +2.1 (3.36) |
| 9  | Robin Lövdahl         | 97 | IFK Märsta      | 3.31 | +3.1 (-)    |
| 10 | Albin Kjellberg       | 97 | Hässelby SK     | 3.24 | +2.2 (-)    |
| 11 | Lucas Tengvall        | 97 | Örbyhus IF      | 3.15 | +0.9        |
| 12 | Lukas Andersson       | 97 | Upsala IF       | 3.13 | +1.9        |

## P10

Kula

(2,0)

|    |                       |    |                 |      |          |
|----|-----------------------|----|-----------------|------|----------|
| 1  | Fredrik Widén         | 97 | Österfärnebo IF | 9.82 | (rekord) |
| 2  | Sebastian Ruthström   | 97 | Danderyds SK    | 9.40 |          |
| 3  | Jesper Arbinge        | 97 | Huddinge AIS    | 7.54 |          |
| 4  | Josef Bergström Raouf | 97 | Upsala IF       | 7.37 |          |
| 5  | Bryson Brunsberg      | 97 | Enköpings AI    | 6.95 |          |
| 6  | Robin Lövdahl         | 97 | IFK Märsta      | 6.77 |          |
| 7  | Anton Eriksson-Stork  | 97 | Örbyhus IF      | 6.42 |          |
| 8  | Lucas Tengvall        | 97 | Örbyhus IF      | 6.05 |          |
| 9  | David de Barés        | 97 | IFK Märsta      | 5.90 |          |
| 10 | Lukas Andersson       | 97 | Upsala IF       | 5.85 |          |
| 11 | Albin Kjellberg       | 97 | Hässelby SK     | 5.55 |          |
| 12 | Andreas Pauksens      | 97 | Hagunda IF      | 5.51 |          |

P9 60m Försök

Heat 1

Vind:-1.2

|   |                   |    |              |       |   |
|---|-------------------|----|--------------|-------|---|
| 1 | Jakob Samuelsson  | 98 | Hässelby SK  | 10.26 | F |
| 2 | Isac Tengvall     | 99 | Örbyhus IF   | 10.88 | F |
| 3 | Robin Engfors     | 98 | Bålsta IK    | 11.16 | f |
| 4 | Johannes Jansson  | 02 | Östhammar FI | 11.91 |   |
| 5 | Jacob Rostmark    | 98 | IFK Märsta   | 12.07 |   |
| 6 | Knut-Erik Vassvik | 00 | Gottsunda IF | 12.53 |   |

Heat 2

Vind:-0.1

|   |                 |    |            |       |   |
|---|-----------------|----|------------|-------|---|
| 1 | Lowe Råsberg    | 98 | Bromma IF  | 9.82  | F |
| 2 | Filip Björklund | 98 | Upsala IF  | 10.63 | F |
| 3 | Samuel Nelander | 98 | Väsby IK   | 10.80 | f |
| 4 | Erik Hemström   | 98 | Örbyhus IF | 11.30 |   |
| 5 | Simon Eriksson  | 98 | Örbyhus IF | 11.57 |   |

Heat 3

Vind:-2.9

|   |                  |    |              |       |   |
|---|------------------|----|--------------|-------|---|
| 1 | Fredrik Kihlblom | 98 | Huddinge AIS | 10.31 | F |
| 2 | Jon-Kåre Vassvik | 98 | Gottsunda IF | 10.70 | F |
| 3 | Markus de Barés  | 98 | IFK Märsta   | 11.30 |   |
| 4 | Joel Mattsson    | 98 | Tierps IF    | 11.59 |   |
| 5 | Oskar Thisner    | 98 | Örbyhus IF   | 12.04 |   |
| 6 | Axel Sederlin    | 99 | Rånäs 4H     | 12.46 |   |

P9 60m Final

Vind:-1.7

|   |                  |    |              |       |  |
|---|------------------|----|--------------|-------|--|
| 1 | Lowe Råsberg     | 98 | Bromma IF    | 9.80  |  |
| 2 | Jakob Samuelsson | 98 | Hässelby SK  | 10.19 |  |
| 3 | Fredrik Kihlblom | 98 | Huddinge AIS | 10.19 |  |
| 4 | Filip Björklund  | 98 | Upsala IF    | 10.50 |  |
| 5 | Jon-Kåre Vassvik | 98 | Gottsunda IF | 10.63 |  |
| 6 | Isac Tengvall    | 99 | Örbyhus IF   | 10.86 |  |
| 7 | Samuel Nelander  | 98 | Väsby IK     | 10.94 |  |
| 8 | Robin Engfors    | 98 | Bålsta IK    | 11.22 |  |

P9 Längd (zon)

|    |                  |    |              |      |      |
|----|------------------|----|--------------|------|------|
| 1  | Lowe Råsberg     | 98 | Bromma IF    | 3.81 | -1.7 |
| 2  | Jakob Samuelsson | 98 | Hässelby SK  | 3.57 | -1.4 |
| 3  | Fredrik Kihlblom | 98 | Huddinge AIS | 3.50 | -4.0 |
| 4  | Samuel Nelander  | 98 | Väsby IK     | 3.30 | -1.2 |
| 5  | Filip Björklund  | 98 | Upsala IF    | 3.16 | -2.7 |
| 6  | Erik Hemström    | 98 | Örbyhus IF   | 3.10 | -1.4 |
| 7  | Simon Eriksson   | 98 | Örbyhus IF   | 3.06 | -1.6 |
| 8  | Joel Mattsson    | 98 | Tierps IF    | 3.04 | -1.8 |
| 9  | Robin Engfors    | 98 | Bålsta IK    | 2.88 | -2.3 |
| 10 | Markus de Barés  | 98 | IFK Märsta   | 2.85 | -1.4 |
| 11 | Oskar Thisner    | 98 | Örbyhus IF   | 2.79 | -0.5 |
| 12 | Isac Tengvall    | 99 | Örbyhus IF   | 2.71 | -3.2 |
| 13 | Jacob Rostmark   | 98 | IFK Märsta   | 2.54 | -3.6 |
| 14 | Axel Sederlin    | 99 | Rånäs 4H     | 2.32 | -1.4 |
| 15 | Johannes Jansson | 02 | Östhammar FI | 1.85 | -0.7 |

P9 Kula (2,0)

|   |                  |    |             |      |  |
|---|------------------|----|-------------|------|--|
| 1 | Jakob Samuelsson | 98 | Hässelby SK | 7.65 |  |
| 2 | Lowe Råsberg     | 98 | Bromma IF   | 6.65 |  |
| 3 | Patrik Lindstedt | 99 | Hässelby SK | 5.92 |  |
| 4 | Samuel Nelander  | 98 | Väsby IK    | 5.73 |  |

|    |                 |    |            |      |
|----|-----------------|----|------------|------|
| 5  | Joel Mattsson   | 98 | Tierps IF  | 5.47 |
| 6  | Isac Tengvall   | 99 | Örbyhus IF | 5.30 |
| 7  | Filip Björklund | 98 | Upsala IF  | 5.19 |
| 8  | Erik Hemström   | 98 | Örbyhus IF | 4.98 |
| 9  | Robin Engfors   | 98 | Bålsta IK  | 4.69 |
| 10 | Markus de Barés | 98 | IFK Märsta | 4.21 |
| 11 | Jacob Rostmark  | 98 | IFK Märsta | 3.82 |
| 12 | Axel Sederlin   | 99 | Rånäs 4H   | 3.81 |